

From the Principal's Desk



I am happy to present the first edition of the e-newsletter “**SPARKLE**” of Pawar Public School, Nanded City to all of you. We have already printed three volumes of a combined newsletter for all the three branches of PPS, Pune, titled “Together we can”. The strength of our school has increased by leaps and bounds and we thought we should have a separate newsletter for our branch, that too an e-newsletter so that we could save on paper and contribute our bit towards conservation of resources. “**SPARKLE**”...that’s what we want our children to be..., lively, excited and brilliant at something that they shine above the rest. Shine in all walks of life, work intently and be successful in whatever they are good at. We do not classify success as scoring high marks. A child can **SPARKLE** in the field of music, dance, sports, art, academics, studying nature and the environment, developing good interpersonal relationships, he can be a good leader, and he can be kind-hearted and give solace to those who need it. The list is endless, where one can be brilliant in.

At PPSNC, are all on an “Odyssey”. Odyssey is a long eventful journey. Our students and teachers together are actually on a journey together: a journey of learning, building relationships, friends, personality development, character-building, co-scholastic activities, life skills, stage skills, yoga, computer skills,

scientific attitude, building a fit body, conserving the environment and resources and many more.

Our young team is very enthusiastic, so is our team of teachers and facilitators. The articles in this newsletter, the events organized, the art work, are a testimony of their minds working, their thought process and their learning. This newsletter is a platform for our young enthused minds to pen their creative expressions. It is an outlet for children to think beyond academics.

Please take the pleasure of reading this newsletter and give us your feedback. Here I quote from the poet Robert Frost: **The woods are lovely dark and deep, but I have promises to keep, and miles to go before I sleep, and miles to go before I sleep.** We know that our journey may be a tough one; we will strive to do our best without being self- satisfied with what we have already achieved. Our students, staff and parents are with us on this “Odyssey” so our journey will be a fulfilling one and our students will be on the right path.

God be with all of us always. **Happy reading!**

Dear Reader,



Greetings to you!

Pawar Public School, Nanded City, Pune, is pleased to present to you it's first E-newsletter '**Sparkle**'. We hope you enjoy every moment while reading this newsletter, as we take you all on the journey of flashbacks. Our students have really worked hard to bring up an exhilarating feeling through these flashbacks for you all to witness the events they have participated in, their achievements and their skills. Students' contribution includes a wide range of poetry, inspiring and informative articles, riddles and drawings.

This newsletter is a milestone that marks our students' growth, unfolds their imaginations and gives life to their thoughts and aspirations. It unleashes a wide spectrum of their creative skills.

Happy Reading!

Priya Mishra
Coordinator and Newsletter Editor



RIDDLES

1) If you drop me I am sure to crack but give me a smile and I'll always smile back. Who am I?

2) What goes up but never comes down?

3) What falls down but never gets hurt?

Shreeya Purandare

VII C

4) What starts with letter 'e' ends with letter 'e' and usually contains one letter?

5) What belongs to you but others use it more than you?

Anisha Shinde

VI C

(Answers elsewhere in the newsletter)



WEIRD FACTS

- Canada is an Indian word meaning "Big Village".
- Money isn't made out of paper; it's made out of cotton
- An ostrich's eye is bigger than its brain.
- Every time you lick a stamp, you're consuming 1/10 of a calorie.
- $111,111,111 \times 111,111,111 = 12,345,678,987,654,321$
- February 1865 is the only month in recorded history not to have a full moon.
- Leonardo da Vinci invented the scissors.
- Babies are born without knee caps. They don't appear until the child reaches 2-6 years of age
- There is no river in South Arabia.
- Sunday is declared as holiday since 1843.
- There are no mosquitoes in France.
- We can only see 51% of the whole Moon.
- Tongue is the strongest muscle of our body.
- Pigs cannot turn their neck and see up.
- When Hippopotamus gets panic or uneasy their sweat colour turns red.

Shekhar Kalshetti

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THE INFORMERS

A ROAD ACCIDENT

With an alarming increase in the population there is an increase in the number of vehicles used by them. In big cities there is always a rush of vehicles, due to which the possibility of an accident increases. In 2013, Tamil Nadu recorded 15,563 fatalities in the 14,504 recorded accidents, the highest for any state in India. The state also topped the list of most accidents in a state for all previous ten years from 2002 to 2012. Recently, on 5th June 2016 another accident occurred on the Mumbai - Pune highway. In the accident 17 people died and 40 people were injured because the bus crashed into the cars.

Precautions while driving a car that can prevent an accident are-

- Do not allow the children to fight or climb around in your car.
- Avoid driving when you are feeling tired.
- Don't change lanes immediately.
- Accidents also occur between a bicycle and a car. So, students should be aware of these precautions. Therefore, here are some precautions while riding a bicycle out of your society or colony.
- Protect your head and wear a helmet.
- Stay visible because if a car or a bike driver can see you, they are less likely to hit you.
- Don't get distracted.
- Don't listen to music or talk on the phone while riding.
- Obey all traffic rules and laws.
- Stay alert and lookout for obstacles in your path.

Sneha Vedpathak

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TEN TIPS FOR BEAUTY SLEEP

1. One needs to have a definite sleep schedule. This involves timeliness and recommended slot spans from 10pm to 7am, seven hours minimum.
2. Oversleeping on weekends cannot compensate for lack of sleep on weekdays. It won't reverse the damage nor will afternoon naps.
3. Keep your mind clutter-free. All of life's important decisions and analysis can wait till the next morning.
4. You should have gadgets cut-off from the mind. Switch off the T.V latest by 10pm.
5. Coffee and tea hamper a good night's rest. If you have to consume them, give a gap of at least an hour and a half between your last drink before bedtime.
6. Opt for comforting rituals like a warm bath, a foot soak that soothe your senses.
7. If all fails and still you have trouble sleeping, try including physical exercise into your daily schedule: jogging, yoga exercises or a music and dance class during the day.
8. Always sleep on your back so that your face is not compressed by anything. For those who cannot conquer this for habitual reasons, opt for bed sheets and pillow covers in silk.
9. Avoid snacking before bedtime, particularly on grains and sugars. They raise blood sugar level and interfere with your sleep.
10. Avoid using a loud alarm to wake yourself up. If you need a clock to give you a wake-up call, opt for one with a light, soothing tune.

Tanishka Sisodia

VIII B

TIPS TO CARE FOR A HOME GARDEN DURING MONSOON

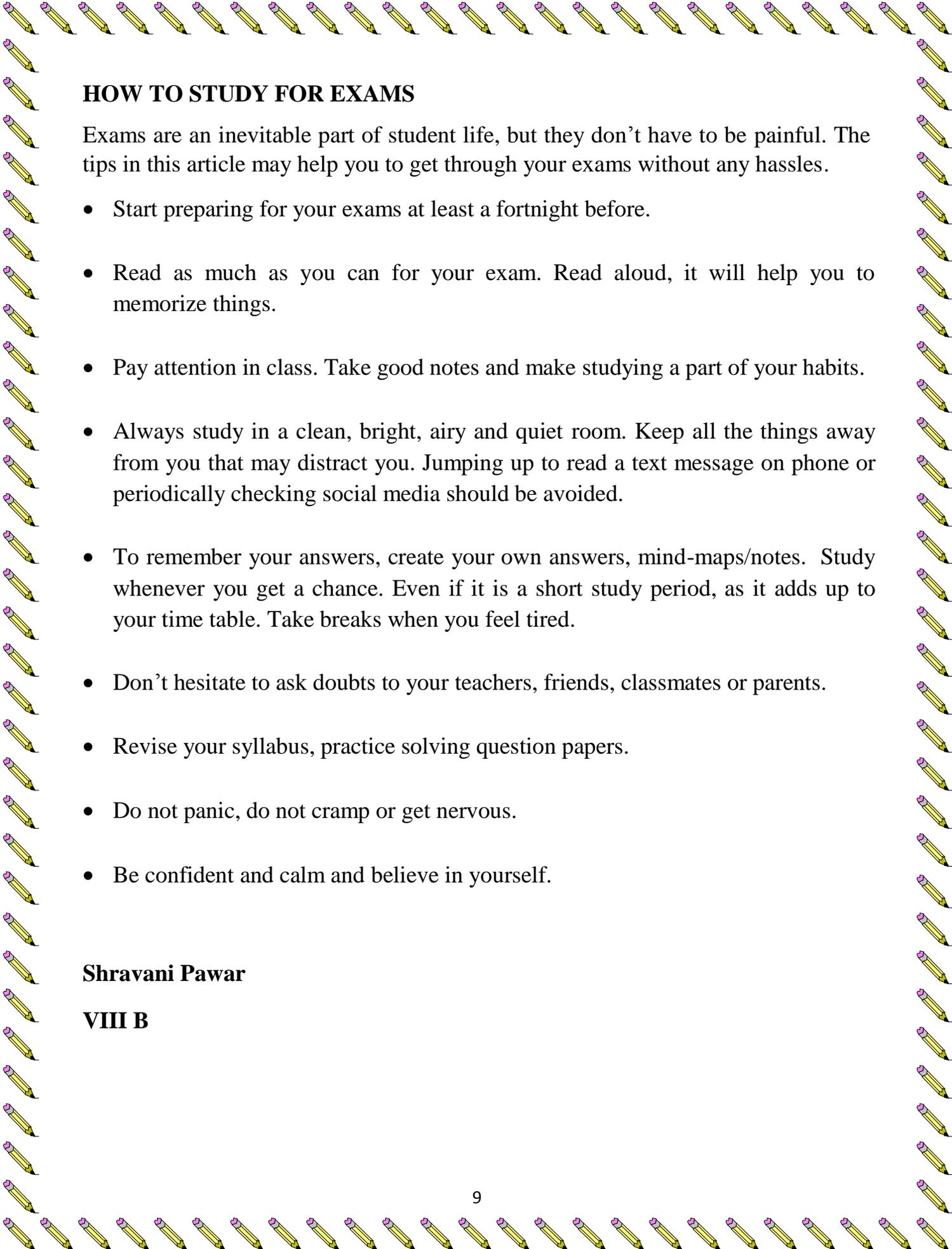


The important factors to take care of during the monsoon are:

- Be careful to check your drainage system in the compound and garden. Water shouldn't be allowed to stagnate in the garden as it can make plants rot easily.
- If your garden leaves are turning yellow, mix a cup of rotted manure or cottonseed meal into the top layer of soil and keep moist.
- Pruning and application of fertilizer are the two important tasks awaiting a gardener soon after summer. Removal of dead growth encourages the plants in throwing fresh shoots, while manure helps in expediting the growth with ample nourishment.
- External application of pesticide is much needed once fresh shoots appear after pruning to kill the sucking pests that prefer fresh leaves.
- Insects need to be culled manually by attracting them to lights, with a bowl of kerosene placed beneath, is one way of eliminating them.
- The most ideal plants which can thrive easily during the monsoon are bulbs, Rajnigandha which have sporadic flowering till December from the start of monsoon season.
- If the leaves of the plants in the garden start turning yellowish during the monsoon season, then immediate remedy can be mixing of manure or cotton seed meal on top of the soil and keeping them moist.
- While preparing flowerbeds, one should take care to make them on a raised platform as they allow water to flow through and also helps the soil retain moisture. Mix adequate amount of red soil and manure for fresh plants.
- Never walk on wet soil especially clay. The footprints that get left on the soil are an evidence compression of soil during the monsoon season. They pack the soil particles tightly and squeeze out necessary oxygen.

Siddhi Puranik

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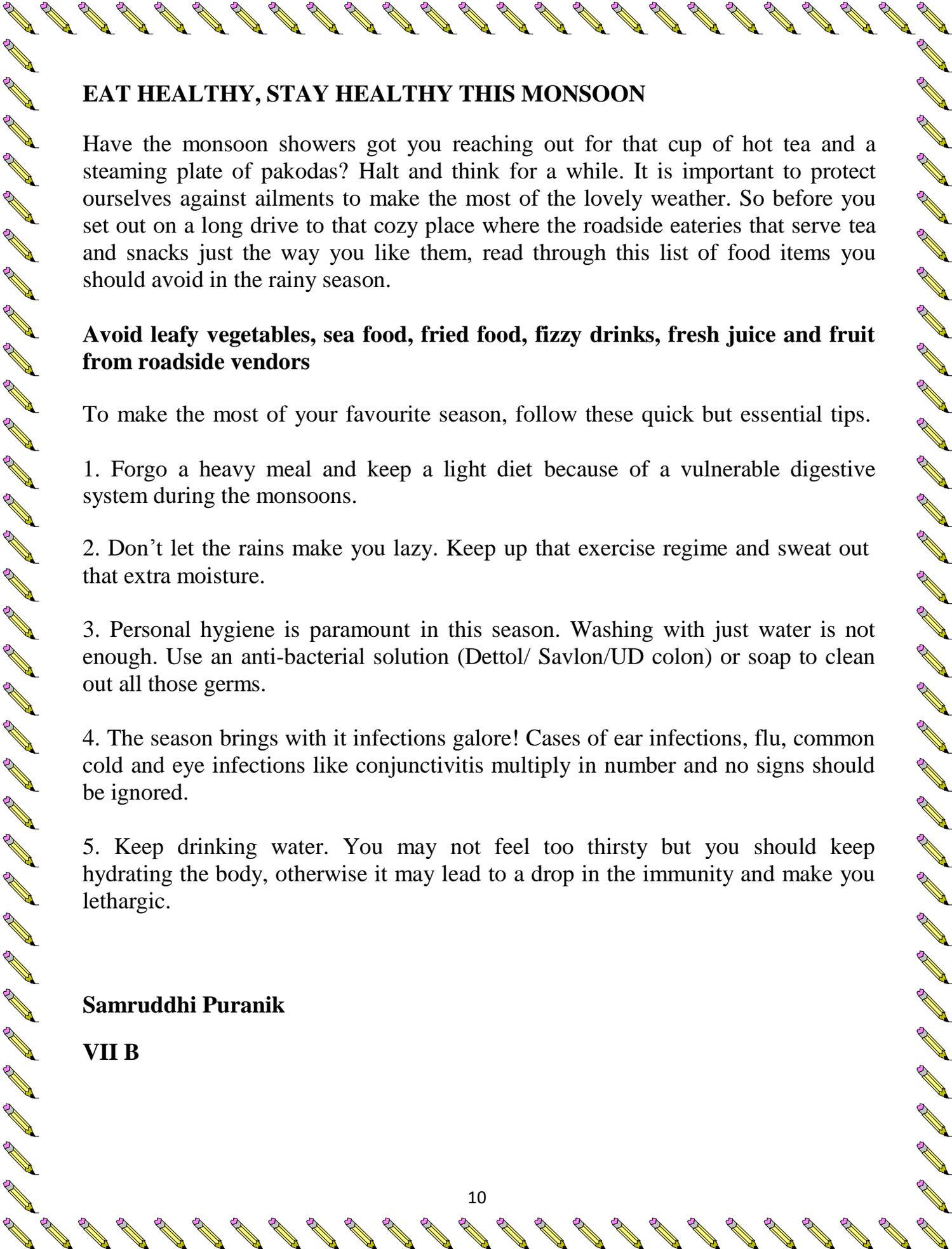
HOW TO STUDY FOR EXAMS

Exams are an inevitable part of student life, but they don't have to be painful. The tips in this article may help you to get through your exams without any hassles.

- Start preparing for your exams at least a fortnight before.
- Read as much as you can for your exam. Read aloud, it will help you to memorize things.
- Pay attention in class. Take good notes and make studying a part of your habits.
- Always study in a clean, bright, airy and quiet room. Keep all the things away from you that may distract you. Jumping up to read a text message on phone or periodically checking social media should be avoided.
- To remember your answers, create your own answers, mind-maps/notes. Study whenever you get a chance. Even if it is a short study period, as it adds up to your time table. Take breaks when you feel tired.
- Don't hesitate to ask doubts to your teachers, friends, classmates or parents.
- Revise your syllabus, practice solving question papers.
- Do not panic, do not cramp or get nervous.
- Be confident and calm and believe in yourself.

Shravani Pawar

VIII B



EAT HEALTHY, STAY HEALTHY THIS MONSOON

Have the monsoon showers got you reaching out for that cup of hot tea and a steaming plate of pakodas? Halt and think for a while. It is important to protect ourselves against ailments to make the most of the lovely weather. So before you set out on a long drive to that cozy place where the roadside eateries that serve tea and snacks just the way you like them, read through this list of food items you should avoid in the rainy season.

Avoid leafy vegetables, sea food, fried food, fizzy drinks, fresh juice and fruit from roadside vendors

To make the most of your favourite season, follow these quick but essential tips.

1. Forgo a heavy meal and keep a light diet because of a vulnerable digestive system during the monsoons.
2. Don't let the rains make you lazy. Keep up that exercise regime and sweat out that extra moisture.
3. Personal hygiene is paramount in this season. Washing with just water is not enough. Use an anti-bacterial solution (Dettol/ Savlon/UD colon) or soap to clean out all those germs.
4. The season brings with it infections galore! Cases of ear infections, flu, common cold and eye infections like conjunctivitis multiply in number and no signs should be ignored.
5. Keep drinking water. You may not feel too thirsty but you should keep hydrating the body, otherwise it may lead to a drop in the immunity and make you lethargic.

Samruddhi Puranik

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FROM OUR REPORTERS

MUKTANGAN SCIENCE EXHIBITION

It was a great experience to participate in Mukttangan Science Exhibition, the first round was held on February 20th and 21st. The name of our project was 'Penguin Cooler' (portable Air Cooler). My friends Aaryan, Ameya and I were the team mates. Our project was selected in the first round and we got a chance to display it in Paranjape High School, Mukttangan Science Exploratory, Kothrud.

We got a chance to see some innovative projects made by other participants. Everybody had put in lots of efforts. There were about 100 projects from almost 30 schools. The projects were divided into junior and senior group. When the judges came to see our project we gave them information about our project. They appreciated it a lot. When the judges left our stall we were relaxed. We were qualified for the final round.

The final rounds were held for two days i.e. on 28th and 29th February 2016. The exhibition was declared open by scientist Dr. Vijay Bhatkar. All the projects were new and creative. Our project was based on conservation and the three R's of conservation- Reduce, Reuse and Recycle. Our classmates, their parents, our teachers and our Principal ma'am visited the exhibition and appreciated our hard work. In the beginning we were little nervous but after people started giving us a good response and positive feedback our nervousness changed into courage. On the second day of the exhibition three judges came and saw our project. As they were scientists, they asked us many questions after their keen observation. The questions were tough but as we were all well prepared we could answer them. At last it was time for declaration of the result. We all went to hear the announcement. We got the special consolation prize in the junior group. My team mates and I thanked our teachers, without their support and guidance this would have not been possible. The news was published in the Sakal Newspaper. We were very happy. I really enjoyed participating in the exhibition and decided to participate in it again.

Pradyumna Paithankar

VIII B

VISIT TO CWPRS

Our school had organized a visit to Central Water and Power Research Station (CWPRS) which caters to research and development needs for design of water resource structures such as dams, ports and hydropower generation. It completed 100 years of its existence on June 14th 2016 and on this occasion they had arranged an open house for the public and students from various schools.

We left the school at 9.45 a.m. and reached CWPRS in about half an hour. We got down of our bus and started walking. We were very excited. We first went to coastal protection unit. There we saw a small model of the actual construction. It had a wall made up of different concrete blocks. They act as a barrier against destructive waves and stop them from entering the harbor. There was a machine which created fake waves for testing.

We asked one of the staff members of CWPRS to brief us about the actual work and role of CWPRS. He told us that before building any huge construction, it is made on a small scale and is tested at this station. They also provided a rough estimate of these constructions. The research and studies conducted in CWPRS have contributed immensely to nation building. They also helped in flood forecasting and water resource management.

After this we went to Mangalore port diorama, a small replica of the actual Mangalore port. There we were told that different ships had different berths according to their heights. There was a different dock for ships carrying oil, petrol etc. There were three turning circles for ships to turn. They have a radio-active tracer too.

Then we went to see the model of proposed Mumbai-Vadodara expressway. It is actually a bridge over river Narmada. It will be a useful road.

Then we were taken to the exhibition hall and we saw how the gates of dams are lowered and pulled up. They told us about the load required. We saw a model which was related to protection against the floods. We saw models of purification of water. Later on we participated in the quiz competition.

We wanted to spend more time there but, due to lack of time we had to leave. It was a very useful and informative educational excursion.

Snehal Kane

VIII B

OUR YOUNG TRAVELERS'

GOA DIARIES

I was very happy as my summer vacation had started. We had planned a trip to Goa and I was very excited about it. We woke up at 7:00 am and we started our journey. We were going by car. At 9:00 am we had our breakfast. There we bought a CD of Yo-Yo Honey Singh and all the way we sang his songs. We played Antakshari in our car. We had a lot of fun. Then we reached Kolhapur and visited Mahalakshmi Temple after which we continued our journey to Goa.

While we were travelling through the Ghats, we saw some monkeys and we gave them mangoes. We went to my uncle's house at Kankavli. We reached there at 5:00 pm. Two of my uncles stay at Kankavli, and we had our lunch at 5:00 pm. It was very late, but the food was delicious. We took some rest and then we went to their farmhouse which was very big. We enjoyed there and we came back to their house. At night we played cricket. We played till 2:00 am and then we slept. In the morning, I and my father went to the temple. We again got a chance to have tasty food of our choice. At 5:00 pm we went to Tarkarli beach. We did bumper ride, banana ride, parasailing etc. And we played in water. We went to see the set of the famous Marathi serial "Ratris Khel Chale". We met many actors there and then at Lemon Hotel we had dinner. Then we played computer for some time and we slept. We started our further journey at 10:00 am to Goa.

We reached Goa at 2:00 p.m. and went to old Goa, where we saw Saint Francis church as it is considered as a world heritage site. The body of ST. Francis Xavier is kept in well decorated casket. Then we went to see the museum and then to the resort. We played on the seashore and collected a variety of shells. We went for shopping. We bought many dresses and many Goan delicacies. While returning to our hotel on the way we went again on the beach. We enjoyed there making sand castles and watching others surfing on the huge waves. We had our dinner in one of the hotels facing the beach and then returned to our hotel to get a sound sleep. This was my most memorable visit to Goa.

Avani Litake

VIII B



SAINT FRANCIS XAVIER CHURCH, GOA



A BEAUTIFUL BEACH IN GOA

‘THE ABODE OF SNOW’

I have been asking my Appa for a long vacation for some time now & after watching the IPL match at Dharamshala, I told him, I want to go to Dharamshala for vacation.

And WOW! On 20th May, Appa surprised Amma and me. He had planned a trip to Himachal Pradesh. I was super excited; I had seen pictures of Himachal only on television and Google. I was excited, as I would be watching the Himalayan Mountains in reality. It was a 10 days tour, starting from 25th May. I had travelled by flight when I was just 2 years old & I hardly remember about that trip but now I was old enough to enjoy this air travel.

We were all set to take off on 25th May from Pune airport to New Delhi. Appa had to be in Bengaluru on 25th May for an urgent meeting, so we left to New Delhi without him. It was 11 am flight, entering the airport, checking our baggage, security check all was very exciting. I wanted to buy a water bottle and biscuits, but it was very costly. I wondered, why the water bottle which costs Rs 20 outside, costs Rs 50 inside the airport. It was good to be on flight, but I was missing Appa.

We landed at New Delhi airport at 1:30 pm. The Indira Gandhi International Airport at New Delhi is very big compared to our Pune Airport. We took our baggage and came out, where our driver was waiting for us. The car and its driver were with us for the entire trip. From the airport, we left for Chandigarh. Chandigarh is 360 Km from New Delhi. We reached Chandigarh at 8:30 pm. Facilities were good at hotel. We had Jeera rice & dal for dinner. After that I watched TV and I was fast asleep.

I was surprised to see my Appa in the morning and I hugged him. After having breakfast, we left for our 1st destination, Dalhousie. Dalhousie was 320 Km from Chandigarh. First 100 km was a plain road. After that, the ghat journey started. It was fun riding through the ghat section. The road in the ghats was bumpy. We reached our destination. It was a long journey and I was hungry. We checked into our Hotel rooms, freshened up and immediately went for dinner. It was cool out there. Food was really good.

Next day morning, I opened the window and was hit by cool breeze and all I could see was deep valley with hundreds of Pine trees. It was a beautiful site. I thought it was 8 am, but it was just 6 am. It was so bright outside. We all got ready for sightseeing. We went to a place called Khajjiar. It's a famous tourist place in Dalhousie. On the way, I saw the famous Dalhousie Public School. As the car moved up the hill, with each turn, I got a better view of the school. It had a beautiful campus.

After travelling for almost one hour, we reached Khajjiar. It's a beautiful valley with a small pond. I just rolled on the grass, because of slope, I kept on rolling. My



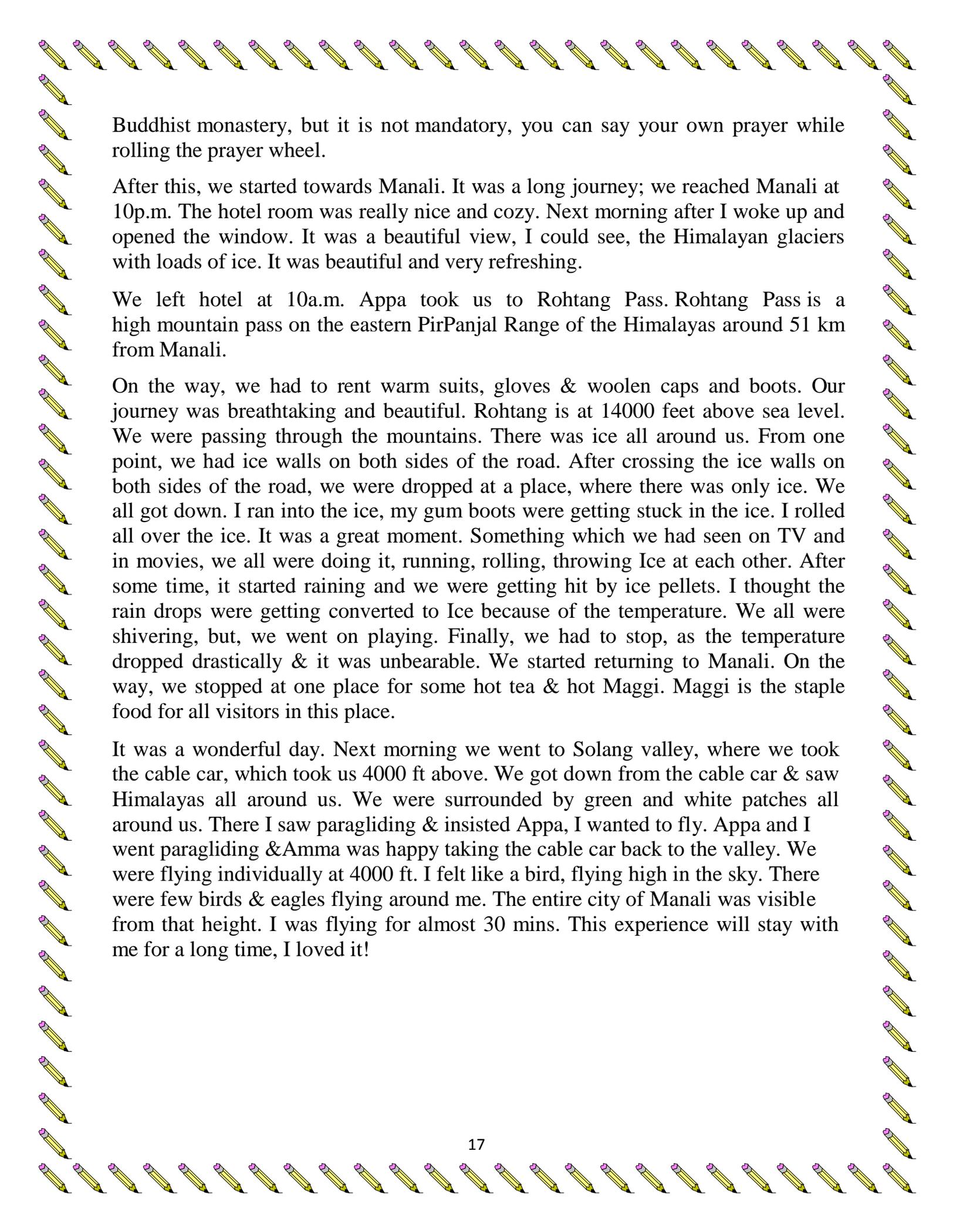
friend and I took a horse ride, which was for 45 minutes. We took a round in the Khajjiar valley, through the Pine trees, narrow lanes. It was fun. After that, Appa and I took the balloon ride. We were tied up inside a big balloon and the balloon was

rolled. It was awesome, rolling 360 degree inside the balloon. It was an enjoyable day.

Next morning, we started towards Dharamshala. We all have heard about the name Dharamshala more often because of IPL matches. The entire journey is through the hills. It was Saturday by the time we reached Dharamshala; the traffic was at its peak. As Dharamshala is close from Pathankot & Hoshiarpur & being a weekend, there were hundreds of vehicles. We were stuck in the traffic for nearly four hours. When we were close to our hotel, it started raining heavily. I wanted to get out of the car and dance in the rain, but was not allowed. It was getting really cold. We reached the hotel. Dad & his friend went to Bhagsu Nag temple, which has a mythological importance. When they returned, they brought some hot snacks, which we enjoyed.



Next day morning, we went to Dalai Lama Monastery. It was a very peaceful place. Appa, Amma and me rolled the prayer wheel or Mani wheel. Completing one round of the wheel and saying the prayer you like, is equal to saying the prayer thousand times. *Om Mani Padme Hum* is the prayer said at the



Buddhist monastery, but it is not mandatory, you can say your own prayer while rolling the prayer wheel.

After this, we started towards Manali. It was a long journey; we reached Manali at 10p.m. The hotel room was really nice and cozy. Next morning after I woke up and opened the window. It was a beautiful view, I could see, the Himalayan glaciers with loads of ice. It was beautiful and very refreshing.

We left hotel at 10a.m. Appa took us to Rohtang Pass. Rohtang Pass is a high mountain pass on the eastern PirPanjal Range of the Himalayas around 51 km from Manali.

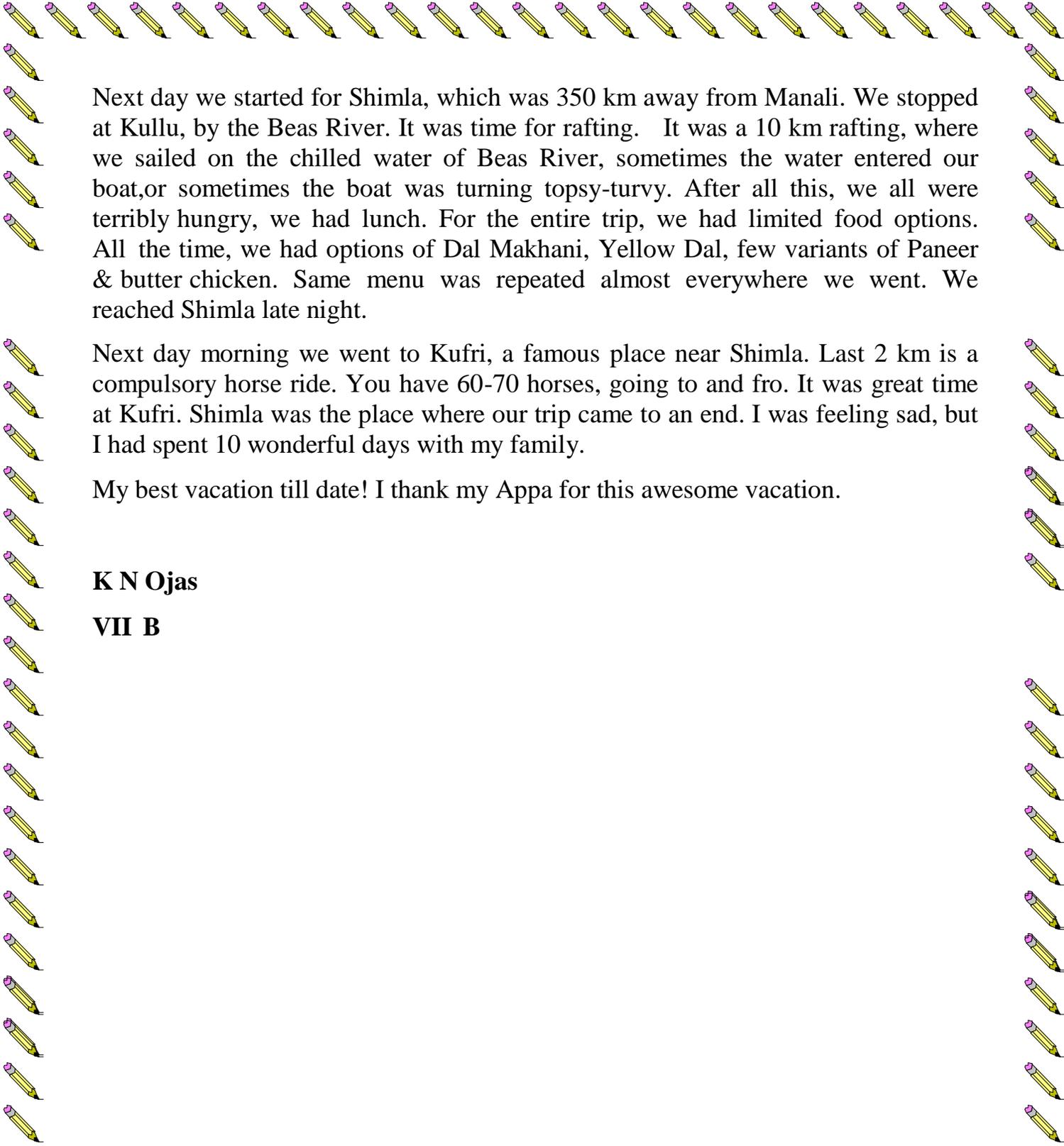
On the way, we had to rent warm suits, gloves & woolen caps and boots. Our journey was breathtaking and beautiful. Rohtang is at 14000 feet above sea level. We were passing through the mountains. There was ice all around us. From one point, we had ice walls on both sides of the road. After crossing the ice walls on both sides of the road, we were dropped at a place, where there was only ice. We all got down. I ran into the ice, my gum boots were getting stuck in the ice. I rolled all over the ice. It was a great moment. Something which we had seen on TV and in movies, we all were doing it, running, rolling, throwing Ice at each other. After some time, it started raining and we were getting hit by ice pellets. I thought the rain drops were getting converted to Ice because of the temperature. We all were shivering, but, we went on playing. Finally, we had to stop, as the temperature dropped drastically & it was unbearable. We started returning to Manali. On the way, we stopped at one place for some hot tea & hot Maggi. Maggi is the staple food for all visitors in this place.

It was a wonderful day. Next morning we went to Solang valley, where we took the cable car, which took us 4000 ft above. We got down from the cable car & saw Himalayas all around us. We were surrounded by green and white patches all around us. There I saw paragliding & insisted Appa, I wanted to fly. Appa and I went paragliding & Amma was happy taking the cable car back to the valley. We were flying individually at 4000 ft. I felt like a bird, flying high in the sky. There were few birds & eagles flying around me. The entire city of Manali was visible from that height. I was flying for almost 30 mins. This experience will stay with me for a long time, I loved it!



From Solang valley, we went to Maharishi Vashisth Temple. Maharishi Vashisth is part of Ramayana & it is believed that this temple is 4000 years old. There is a hot water spring in this temple; you get hot flowing water throughout the year. All this was so new to me. Amma & Appa did some shopping here, bought some warm clothes, woolen socks, and woolen shoes. Then Appa bought a singing bowl, interesting name, isn't it? Singing bowl has the same importance for Tibetans, as we have for Pooja Shankh or cunch. Tibetans believe it spreads positive energy and helps in healing. It was a tiresome day. We returned to our hotel room, freshened up and left for Mall road, the famous shopping point in Manali. Amma bought few sweaters & I bought a leather jacket, Appa was just paying the bills.





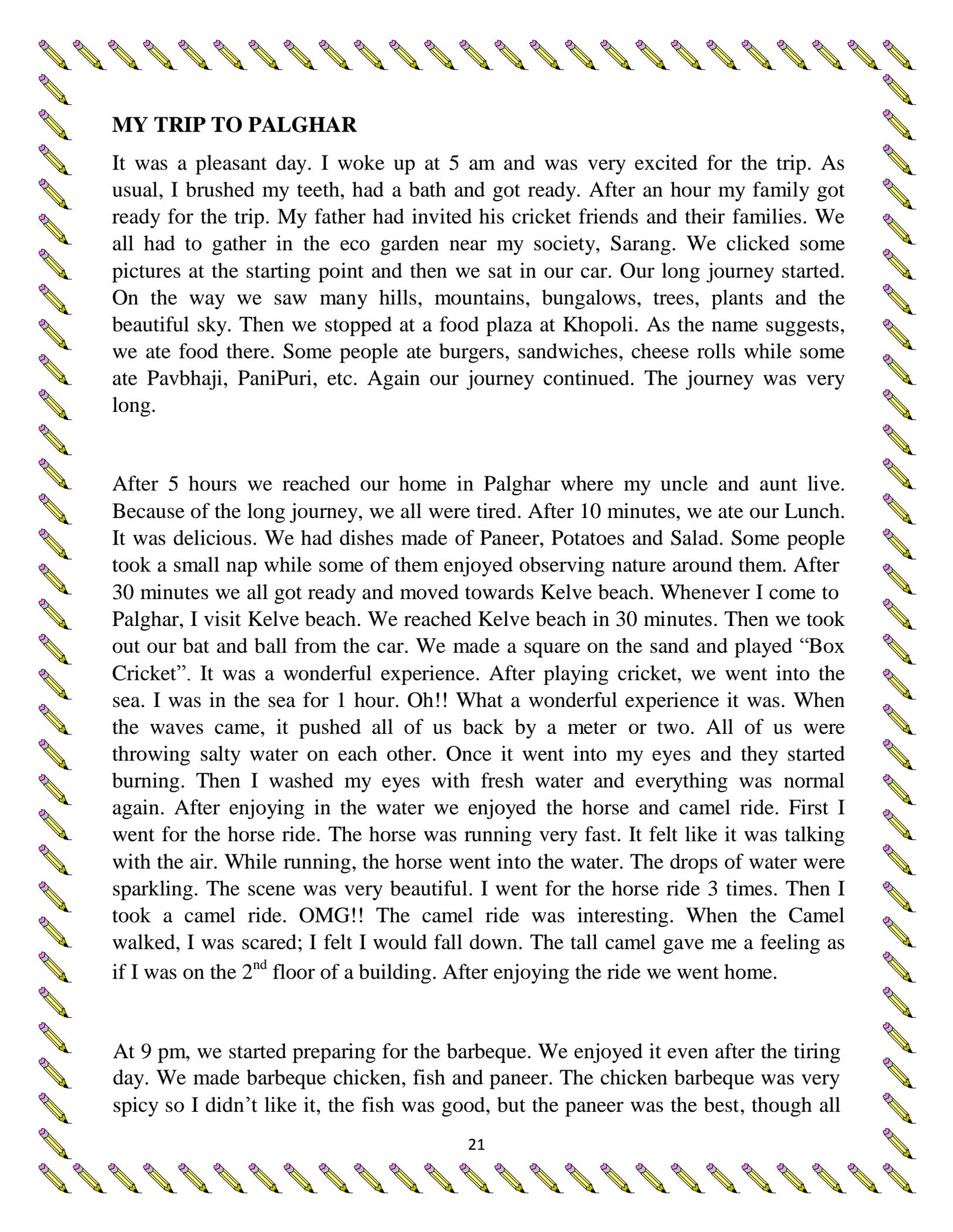
Next day we started for Shimla, which was 350 km away from Manali. We stopped at Kullu, by the Beas River. It was time for rafting. It was a 10 km rafting, where we sailed on the chilled water of Beas River, sometimes the water entered our boat, or sometimes the boat was turning topsy-turvy. After all this, we all were terribly hungry, we had lunch. For the entire trip, we had limited food options. All the time, we had options of Dal Makhani, Yellow Dal, few variants of Paneer & butter chicken. Same menu was repeated almost everywhere we went. We reached Shimla late night.

Next day morning we went to Kufri, a famous place near Shimla. Last 2 km is a compulsory horse ride. You have 60-70 horses, going to and fro. It was great time at Kufri. Shimla was the place where our trip came to an end. I was feeling sad, but I had spent 10 wonderful days with my family.

My best vacation till date! I thank my Appa for this awesome vacation.

K N Ojas

VII B

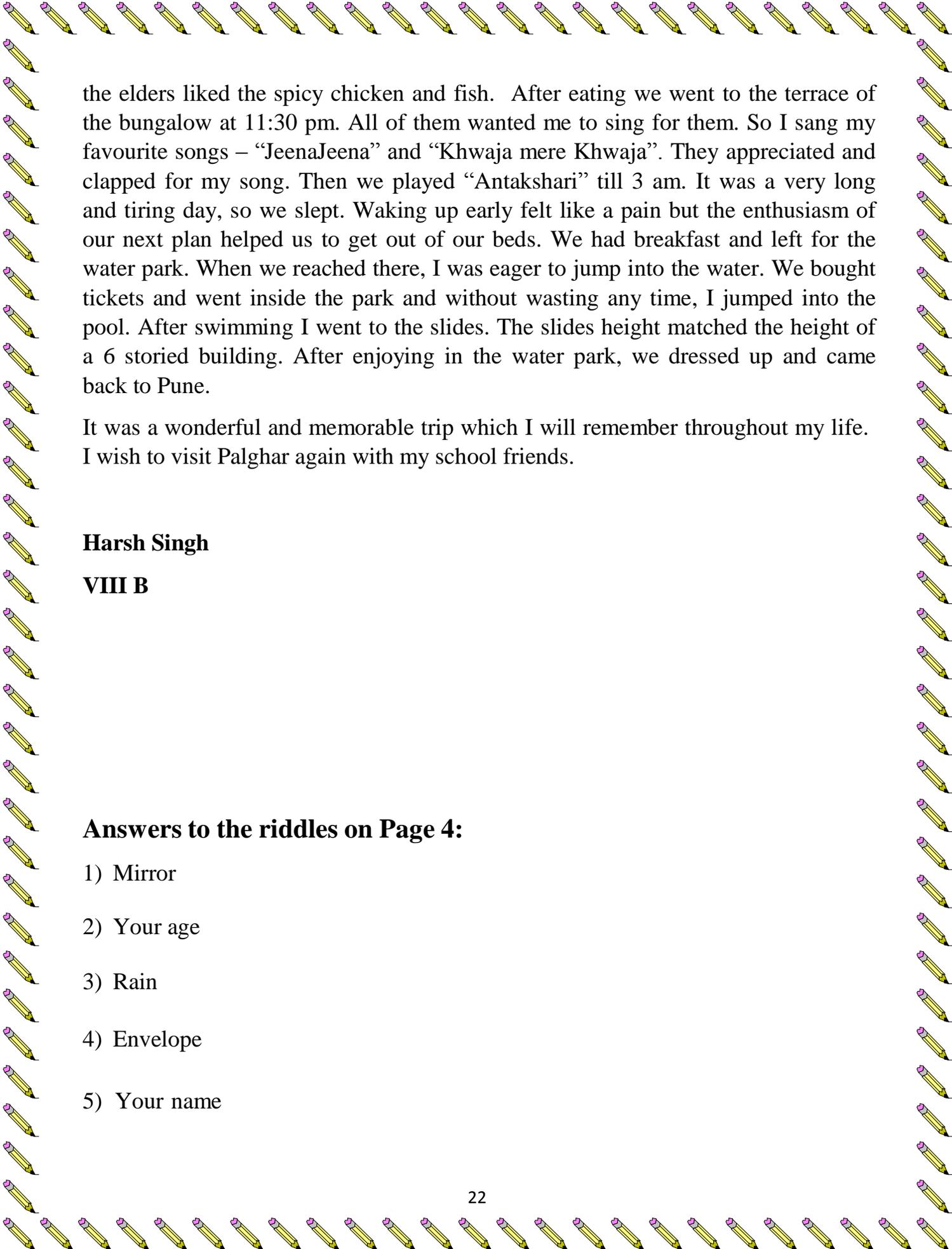


MY TRIP TO PALGHAR

It was a pleasant day. I woke up at 5 am and was very excited for the trip. As usual, I brushed my teeth, had a bath and got ready. After an hour my family got ready for the trip. My father had invited his cricket friends and their families. We all had to gather in the eco garden near my society, Sarang. We clicked some pictures at the starting point and then we sat in our car. Our long journey started. On the way we saw many hills, mountains, bungalows, trees, plants and the beautiful sky. Then we stopped at a food plaza at Khopoli. As the name suggests, we ate food there. Some people ate burgers, sandwiches, cheese rolls while some ate Pavbhaji, PaniPuri, etc. Again our journey continued. The journey was very long.

After 5 hours we reached our home in Palghar where my uncle and aunt live. Because of the long journey, we all were tired. After 10 minutes, we ate our Lunch. It was delicious. We had dishes made of Paneer, Potatoes and Salad. Some people took a small nap while some of them enjoyed observing nature around them. After 30 minutes we all got ready and moved towards Kelve beach. Whenever I come to Palghar, I visit Kelve beach. We reached Kelve beach in 30 minutes. Then we took out our bat and ball from the car. We made a square on the sand and played “Box Cricket”. It was a wonderful experience. After playing cricket, we went into the sea. I was in the sea for 1 hour. Oh!! What a wonderful experience it was. When the waves came, it pushed all of us back by a meter or two. All of us were throwing salty water on each other. Once it went into my eyes and they started burning. Then I washed my eyes with fresh water and everything was normal again. After enjoying in the water we enjoyed the horse and camel ride. First I went for the horse ride. The horse was running very fast. It felt like it was talking with the air. While running, the horse went into the water. The drops of water were sparkling. The scene was very beautiful. I went for the horse ride 3 times. Then I took a camel ride. OMG!! The camel ride was interesting. When the Camel walked, I was scared; I felt I would fall down. The tall camel gave me a feeling as if I was on the 2nd floor of a building. After enjoying the ride we went home.

At 9 pm, we started preparing for the barbeque. We enjoyed it even after the tiring day. We made barbeque chicken, fish and paneer. The chicken barbeque was very spicy so I didn't like it, the fish was good, but the paneer was the best, though all



the elders liked the spicy chicken and fish. After eating we went to the terrace of the bungalow at 11:30 pm. All of them wanted me to sing for them. So I sang my favourite songs – “JeenaJeena” and “Khwaja mere Khwaja”. They appreciated and clapped for my song. Then we played “Antakshari” till 3 am. It was a very long and tiring day, so we slept. Waking up early felt like a pain but the enthusiasm of our next plan helped us to get out of our beds. We had breakfast and left for the water park. When we reached there, I was eager to jump into the water. We bought tickets and went inside the park and without wasting any time, I jumped into the pool. After swimming I went to the slides. The slides height matched the height of a 6 storied building. After enjoying in the water park, we dressed up and came back to Pune.

It was a wonderful and memorable trip which I will remember throughout my life. I wish to visit Palghar again with my school friends.

Harsh Singh

VIII B

Answers to the riddles on Page 4:

- 1) Mirror
- 2) Your age
- 3) Rain
- 4) Envelope
- 5) Your name

BLISSFUL MANALI

That was an auspicious day when I began my trip to Manali in Himachal Pradesh. I love travelling long distances; there was greenery all around. As we reached there, I saw the blue skies, snowy mountains, the cool breeze, etc. We stayed in a lodge near a river, I was able to see the Rohtang Pass from the window of my room, and it was fully covered with snow. I had not seen such a beautiful scene in my life.

The next day we went to Rohtang Pass, the guide told us that usually the roads are covered with snow, but as we went there in the summer, the snow on the road had melted. For the first time I did some skiing and played a lot in snow.

Next day I went to Kullu, a place near Manali. Kullu is famous for its shawls. I bought one for my granny. There is a road called mall road in Manali, where both the sides of the roads are full of shops. We could see different types of clothes, eatables, shoes, bags, etc. Everything was extraordinary.

I also went to some other places like museums, Hidimba temple, parks etc. There are different temples and in one of them, there were many monkeys and I was scared.

I really enjoyed a lot there. After three days of bliss, we planned to go back home. I was not able to forget Manali and its climate, and especially the rumbling of the river Beas was heard day and night without any rest. To sum up, the trip was amazing and I will never forget the days spent in Manali.

Shekhar Kalshetti

VIII B

LET'S INSPIRE ALL

THE GUIDING LIGHT

As children develop from infants to teens to adults they go through a series of developmental stages that includes physical, intellectual, emotional and social development. The proper role of the parent is to provide encouragement and support to have access to activities that enable the child to master the developmental tasks. A parent is their child's first teacher and should remain their best teacher throughout life. The parent exposes a child to challenges to encourage development. They allow the child to explore on his/her own and learn from interacting with their environment. Parents play an important role in their children's life. They are the best guide for their children. They are supportive, cooperative. They help their children to develop socially and morally. Children cannot complete anything in their lives without their parents support. Parents can judge their children quickly and support them as much as they can. They understand the psychology of their children more than other people. They always try to do their best in upbringing of their children. They always give the best advice to their children, which make their future successful. That's why they are the guiding light in the life of a child. We all must remember this and respect our parents and try to fulfill their wishes.

Siddhi Puranik

VIII B

FRIENDS FOREVER

Friendship is an important part of life and having strong relationships with people will always keep you happy. Best friends will be with you to share good times and stand by you and help you to overcome the difficulties in your life. They are sincere and make incredible sacrifices. Friendship is all about having wonderful moments with friends. There are friends with whom we can hang out, shop or share our interests. Having a best friend is a huge bonus in life. With your friends you can share your thoughts, dreams, fun times and problems as they know, understand and care for you. Making friends is one thing, but maintaining a good friendship is a matter of great importance and commitment. Friendship is a very delicate and sensitive relationship. It is similar to sowing a seed, nurturing it and see it blossom. Vices like arrogance and vanity are harmful for friendship. So remember when you respect your friends and treat them as you would like to be treated, you will always be rewarded with a trustworthy, everlasting companionship.

Remember friends-

Fight for you,

Respect you,

Inspire you,

Encourage you,

Never judge you,

Dream with you

Stand by you

Kimaya Jadhav

VIII B

AUTOBIOGRAPHY OF A BLACKBOARD

Hello! I am a blackboard. I live in Pawar Public School, in class VII B. My story is just as any other blackboard in the world. The only difference is, I like to be occupied and dusty while my friends in the neighbouring classes like to be clean and clear. I like to share knowledge with my friends by expressing it on my face. I still remember the days when everybody watched me carefully as if I was a superstar. I liked the way I got dirty, when the boys used to draw each other's faces on me, when teachers used to make me feel so important by writing the definitions, important notices on me. I liked being a part of the boys fun, when they used to play 'Cross and Noughts' in the breaks.

But now I am neglected and ignored. We have a guest, who is a modern board, a 'Smart Board' called 'SENSES'. Now I am no more dusty and dirty. All the teachers teach the students on SENSES as they do not have to erase what they have written and also can save their work for future reference. No more doubts are solved on me. We have a new concept in modern and developing schools called 'e-learning' and 'e-classroom'. So, now all documentaries, videos and power point presentations are played on it. I now feel kind of neglected that I have come to such a modern school where I am not the only medium to connect with students, to be of much help to them. But I still have a strong opinion that it's only me who must be used to clear their doubts and concepts. And not with a piece of technology which blabbers out something with the help of some attractive music and pictures.

Aaryan Giradkar.

VIII B

MY FIRST AUTO-RICKSHAW RIDE

I was born in New Zealand and hence had never seen an auto-rickshaw. When I was five, my parents decided to come back to India for good. On the third or fourth day, after coming here, we were going to visit our relatives. We did not have a car, so we decided to take an auto-rickshaw. We sat in the rickshaw, mummy and daddy on either side and I was in the middle. Daddy told the driver where we wanted to go. As the rickshaw caught speed, I got scared with the type of open vehicle it was, the way in which the driver was driving, and with the potholes on the road making us sway right and left and even up and down. I was terrified and shaking with fear. My mummy hugged me and asked, “What’s wrong, Shreeya? Why are you shivering?” I replied, “Mummy, this is such a scary and bumpy ride and I am really scared. It is very dangerous. We might fall out on the road with other vehicles coming so close to ours. What is the speed like, Mummy?” She told me to be calm and cool. How could I be calm and cool? It was like a roller-coaster ride for me. In a moment, my dad tried to peep out looking for a nearby landmark. I immediately pulled his shirt’s collar from behind and yelled, “Daddy!!!! Don’t bend forward; there are no seat-belts here!!!” At this, my parents burst out laughing, but I was still in shock and also surprised at their reaction.

Now that I’m here in India for the last four years, I have become very much used to the auto-rickshaw, and also the road and traffic conditions here. Today, when I remember my first AUTO-RICKSHAW ride, I can’t stop laughing at myself.

Shreeya Gupte

V B

FROM OUR YOUNG POETS

FIND YOUR GOAL



Find your goal,
and your place, in the world.
You are just a dot,
that can change the whole world.
Your future is in your hand,
not in God's hand.
All are equal,
Don't be scared of anyone.
They are just dots like you,
and you are also a dot in this universe.
Mistakes will happen, because
you are human. Kindness and
a helping nature, can change a
man,
If everybody helps each other,
the planet earth will be known as,
The planet of God!

Gandharva Joshi

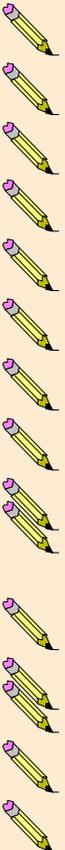
V A

VISIT TO MY VILLAGE

I went to my village,
It was very small.
I went to my house,
It was like a mall.
I met my grandmother,
She was very beautiful.
I met my little brother,
He was playing with box of toys full.
I met my aunt,
She was dancing and taking a round.
I met my uncle,
He was roaming around.
I enjoyed my holidays
And came back home,
And did the homework,
But did not roam!

Kartiki Sisode

VII A



BOOKS

Books, books, books
They give me the creepy looks,
So I prefer reading nooks.
Pages, pages, pages
They give me big mad rages,
So I put them in cages.
Books one, two, three, four
I want more, more and more,
I read them down the core.

ORIGAMI (COUPLET)

I make left fold, right fold, up fold, down fold
Finally comes out a character untold.
I can make a fortune teller,
It can be the top seller.
You can be a paper nerd,
But I can make a paper bird.
I can make a paper castle,
But for that I don't have to hassle.
I can make a bear,
Who would love to live in a lair?
I will take my time and can be kind of late
Cause I have to concentrate! Origami
makes me elated.

Harsh Borkar

VII B

PATRICK'S HOMEWORK

Doing the homework instead..... "I want to play games!" Patrick said. Patrick looked at his cat and was surprised! He also saw a man of the tiniest size!

The man wore a wool shirt and breeches....
And a tall hat like the witch's.

He begged not to give him back to the cat.
"I will do anything as your wishes".

He promised that.

Patrick said to do homework for thirty-five days.

So, he will score many A's

The elf asked for a dictionary, no! More better....
He wanted Patrick to sound the words by each letter.

The amazing subject History,

For elf it was a mystery. For

Patrick the elf was a nag, Patrick

worked harder and harder, So,

was it a drag?

When 35 days went and homework was no more....

The elf slyly went away from the back door.

Patrick was cheerful and never rude,

Now he has developed his attitude.

It is true that the homework was not done by elf,

It was Patrick who did it himself.

Mihika Bhosale

VI C

GARDEN OF LIFE

Friends are the flowers of Garden of
Life,
They help you through times of trouble
and strive,
True friends will share with you
everything.
A best friend is one, who believes in
you,
When you cease to believe in yourself,
Thanks for being so kind to me,
For accepting me as I am.
I thank you for not giving up on me,
When I myself want to quit,
You are the most beautiful flower in my
heart,
And remain the same forever.

Sakshi Patil

VIII A

MOTHER

Mother OH! Mother
How caring are you,
Always on time,
How punctual are you.
You are a person,
Who has a good heart and a soul!
You are a person who plays multiple
roles.
When I am ill you become a doctor,
When I am sad you become a joker,
You become a cook when I am hungry,
You become a teacher when I study.
Mother Oh! Mother,
How sensitive are you,
Mother Oh! Mother
A masterpiece are you!!

Pranjal Katkar

V C

UNSEEN SECRETS

I hide my secrets in the core of a brick,
And on the surface of a star,
I tell my secrets to the unseen spirits around me,
And to the light rays from the Sun,
Secrets live where man cannot reach,
In the farthest parts of space,
And even inside a velvet mite.

Mihika Math

V B

OUR ENGLISH TEACHER

Our English teacher has curly hair,
She isn't dark, but she is fair.
She smiles just like a flower,
She is tall like a tower.

Her English is exemplary,
She is very chirpy.

She is good in History,
That's why she loves to solve mystery.

Her hand writing is good and
she says she loves to cook, She
is never rude.

She greets us in the class,
Then opens the windows made of the glass.

And says let the fresh air come in,
This is how she begins her class.

Isha Kshirsagar

VII A



MENTOR'S SPEAK

TEACHER

They say,
God could not be everywhere,
And therefore he made a mother.
But I feel,
In her absence to care and nurture,
He made a teacher.
A person in whom,
The little ones will find a room
And the one who will never decide their doom
But will groom them, so they bloom.
So, in her they can confide. And
there will be no need to hide,
Even if it's dark inside or outside,
She will be there to teach them to stride,
In the world of knowledge, so wide,
For her, their soaring high, will be pride,
Whom they will always find by their side!!

Priya Mishra

IMPORTANCE OF A FAMILY

Some people say that friends are more important than a family in today's world; others say that a family is always more important.

‘Having a family and an admirable friend is as good as having good wealth.’

As mentioned above, having support of family and a friend are equally beneficial for an individual. However, I strongly assert that family stands first and plays a more vital role in a person's life.

‘When I turned every rock, I realized only one institution that works steadily and continuously is the family.’ When a person is born he is surrounded by his family. It is the family members who shape this newly born young child into a human being. They teach him to love and care. Not only the family shapes an individual's life but, it is also a steady rock standing beside you even when struggling with the bad times in life.

Family is the only support system which involves all types of services free, that too for a lifetime. It is said that human beings are the only species on the earth who look after their young ones till they become a parent and again the first generation is still eager and enthusiastic to look after the third generation. It is amazing to have such patience.

In addition to this, family nurtures the values in one's life which are essential for everyone in the long run of life. Man may progress and may reach till the moon but he cannot deny the support, love and intimacy of his family. Great people born are the product of a great family. For example, Edison was not a bright child during his schooling but his mother believed in him and his family supported him throughout his life.

To sum up, we can say there is no strength like a family, no unconditional love like the one which a family gives you, no support system like a family and finally no friends like family members. So, we all should love, respect and take care of our families who stand at a paramount position in our life.

Anjali Joshi

COUNSELLORS' SPEAK

Why our children are so bored at school, cannot wait, get easily frustrated and have no real friends?

I am an occupational therapist with 10 years of experience working with children, parents, and teachers. I completely agree with this teacher's message that our children getting worse and worse in many aspects. I hear the same consistent message from every teacher I meet. Clearly, throughout my ten years as an Occupational Therapist, I have seen and continue to see a decline in kids' social, emotional, academic functioning, as well as a sharp increase in learning disabilities and other diagnoses.

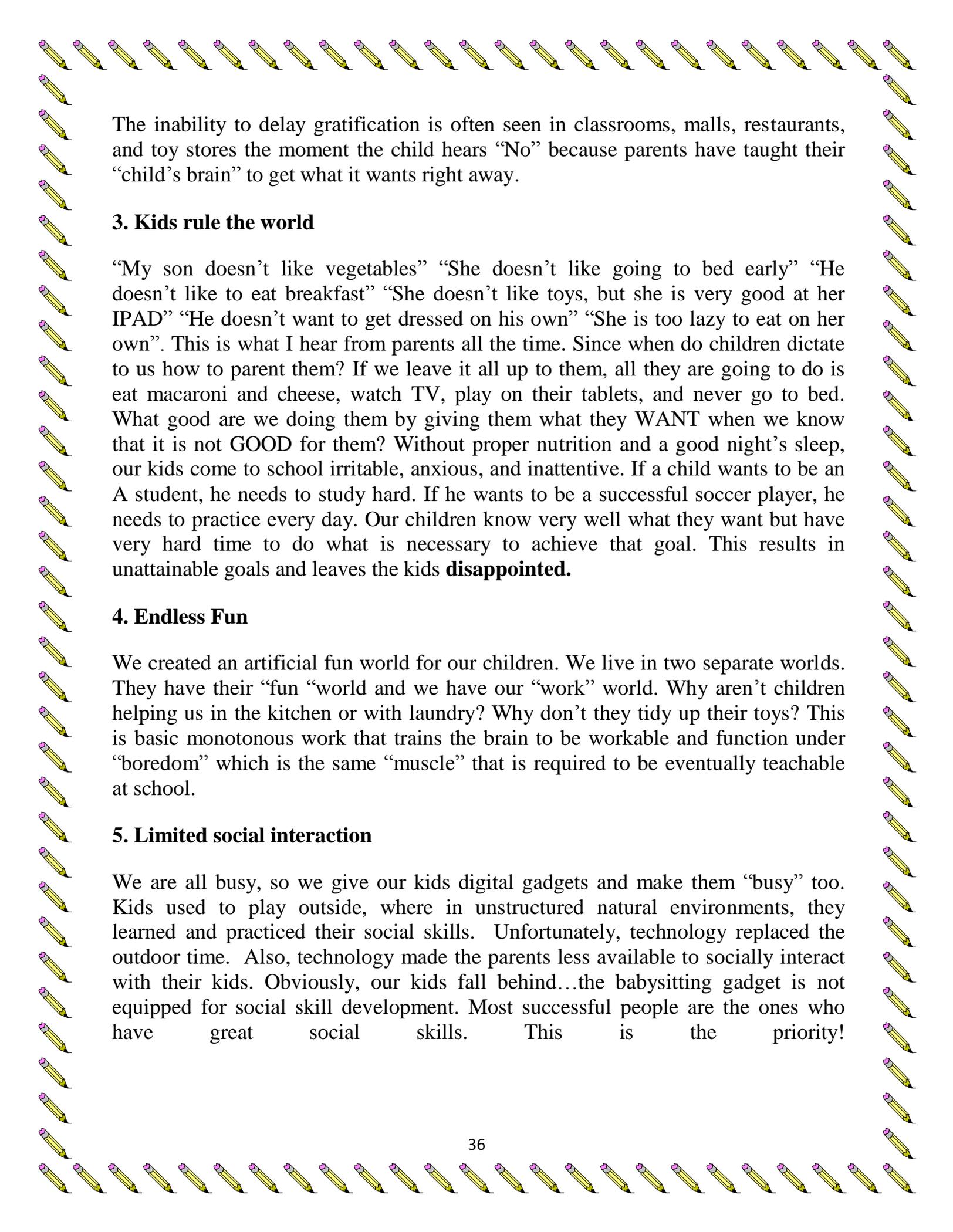
Today's children come to school emotionally unavailable for learning and there are many factors in our modern lifestyle that contribute to this. As we know, the brain is malleable. Through environment we can make the brain "stronger" or make it "weaker". I truly believe that with all our greatest intentions, we unfortunately remold our children's brains in the wrong direction. Here is why...

1. Technology

"Free babysitting service... the payment is waiting for you just around the corner". We pay with our kids' nervous system, with their attention, and ability for delayed gratification. When kids come to the classroom, they are exposed to human voices and adequate visual stimulation as opposed to being bombarded with graphic explosions and special effects that they are used to seeing on the screens. After hours of virtual reality, processing information in a classroom becomes increasingly challenging for our kids because their brains are getting used to the high levels of stimulation that video games provide. Unfortunately, we are gradually depriving our children from that nutrient.

2. Kids get everything they want the moment they want

"I am Hungry!!" "In a sec I will stop at drive thru" "I am Thirsty!" "Here is a vending machine". "I am bored!" "Use my phone!" The ability to delay gratification is one of the key factors for future success. We have all the greatest intention in mind to make our children happy, but unfortunately, we make them happy at the moment but miserable in a long term. To be able to delay gratification means to be able to function under stress. Our children are gradually becoming less equipped to deal with even minor stressors which eventually become huge obstacles to their success in life.



The inability to delay gratification is often seen in classrooms, malls, restaurants, and toy stores the moment the child hears “No” because parents have taught their “child’s brain” to get what it wants right away.

3. Kids rule the world

“My son doesn’t like vegetables” “She doesn’t like going to bed early” “He doesn’t like to eat breakfast” “She doesn’t like toys, but she is very good at her IPAD” “He doesn’t want to get dressed on his own” “She is too lazy to eat on her own”. This is what I hear from parents all the time. Since when do children dictate to us how to parent them? If we leave it all up to them, all they are going to do is eat macaroni and cheese, watch TV, play on their tablets, and never go to bed. What good are we doing them by giving them what they WANT when we know that it is not GOOD for them? Without proper nutrition and a good night’s sleep, our kids come to school irritable, anxious, and inattentive. If a child wants to be an A student, he needs to study hard. If he wants to be a successful soccer player, he needs to practice every day. Our children know very well what they want but have very hard time to do what is necessary to achieve that goal. This results in unattainable goals and leaves the kids **disappointed**.

4. Endless Fun

We created an artificial fun world for our children. We live in two separate worlds. They have their “fun “world and we have our “work” world. Why aren’t children helping us in the kitchen or with laundry? Why don’t they tidy up their toys? This is basic monotonous work that trains the brain to be workable and function under “boredom” which is the same “muscle” that is required to be eventually teachable at school.

5. Limited social interaction

We are all busy, so we give our kids digital gadgets and make them “busy” too. Kids used to play outside, where in unstructured natural environments, they learned and practiced their social skills. Unfortunately, technology replaced the outdoor time. Also, technology made the parents less available to socially interact with their kids. Obviously, our kids fall behind...the babysitting gadget is not equipped for social skill development. Most successful people are the ones who have great social skills. This is the priority!

You can make a difference though in your child's life by training your child's brain so that your child will successfully function on social, emotional, and academic levels. Here is how:

1. Limit technology, and instead re-connect with your kids emotionally
2. Train them to hear a 'NO'.

It is ok to have "I am bored " time – this is the first step to creativity, gradually increase the waiting time between "I want" and "I get" Avoid technology use in cars and restaurants. Limit constant snacking

3. Don't be afraid to set the limits. Kids need limits to grow happy and healthy!!

Make a schedule for meal times, sleep times, technology time. Think of what is GOOD for them – not what they WANT/DON'T WANT.

Abridged from Dr. Analpa Paranjpe's article



CLUB ACTIVITIES

Cultural Club Activities – Celebrations in school

- Buddha Jayanti
- Mahavira Jayanti
- Ambedkar Jayanti

Eco Club Activities:

Plucking of green leafy vegetables like Spinach and Fenugreek was done in the month of April 2016. Students took bundles of these vegetables home. Students enjoyed the activity very much

Green week was celebrated from 8th to 10th June, 2016 and Environment Day was celebrated on 10th June. Students wore a green dress and brought green lunch.

Integrity Club Activities:

Various classes conduct assembly on different occasions and values.

Members of the student council for the academic year 2016 – 2017 were selected by respective teachers. Head Girl and Head Boy were selected through written test and interview.

Readers' Club Activities:

The club was inaugurated in April 2016.

A reading corner is made in each class which has a variety of books for ready reference.

Every month one student from each class will be appreciated as the star reader.

Students are encouraged to read books of the selected author for the period.

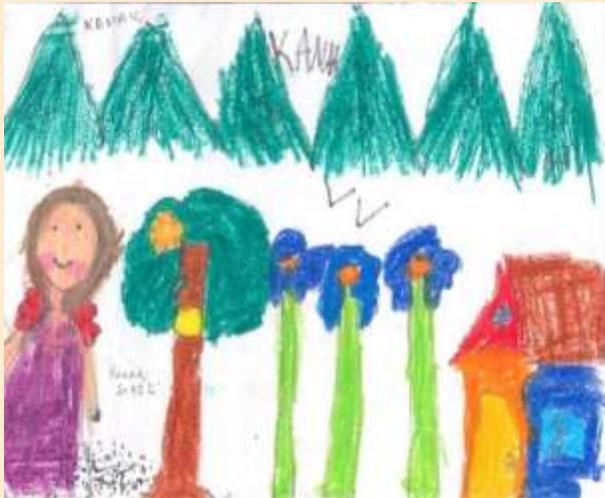
FROM OUR YOUNG ARTISTS



Aarna Chopade (Jr. KG E)



Anvesha Kulkarni (Jr. KG B)



Kanak (Sr. KG C)



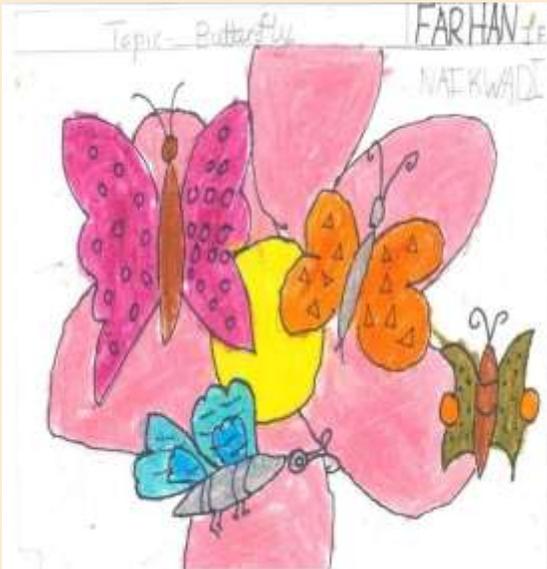
Tanvi Jadhav (Sr. KG B)



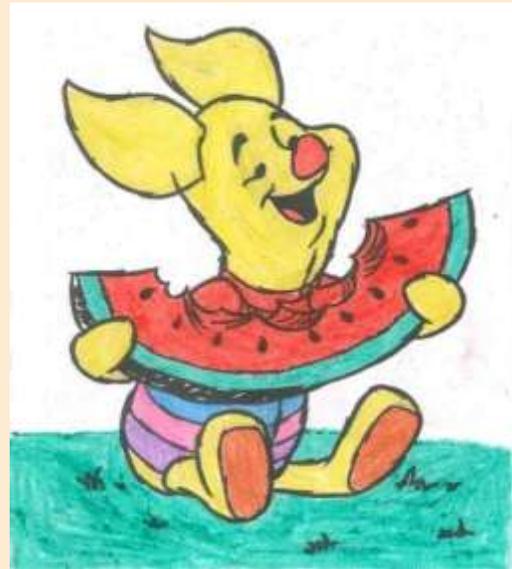
Vedantika (I A)



Rashi Gavali (I D)



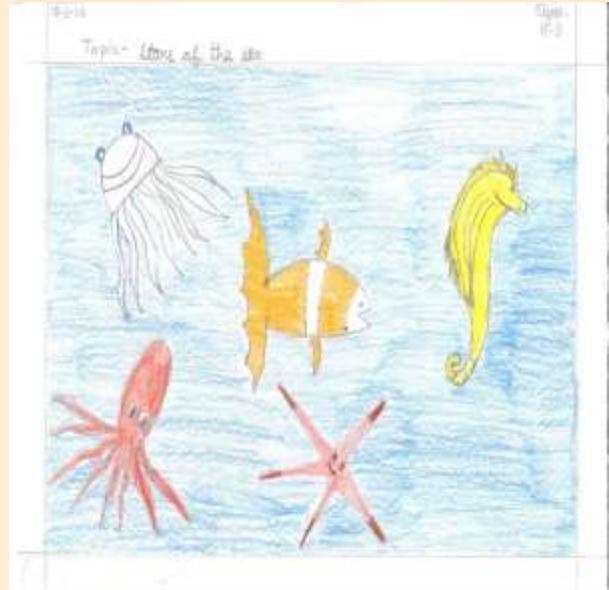
Farhan Naikwadi (I F)



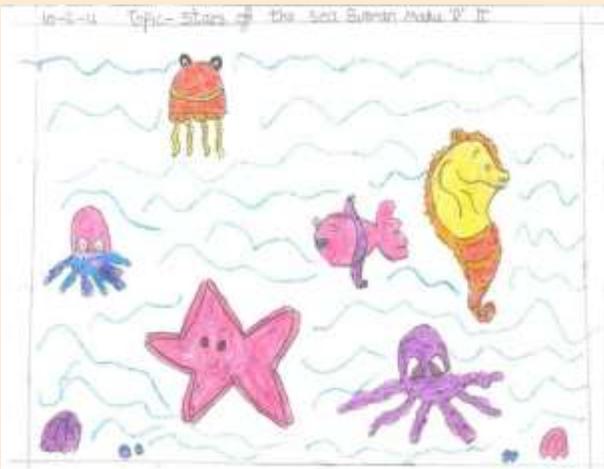
Aary Nerlekar (II A)



Shrushti Jadhavar (II B)



Riyan (II B)



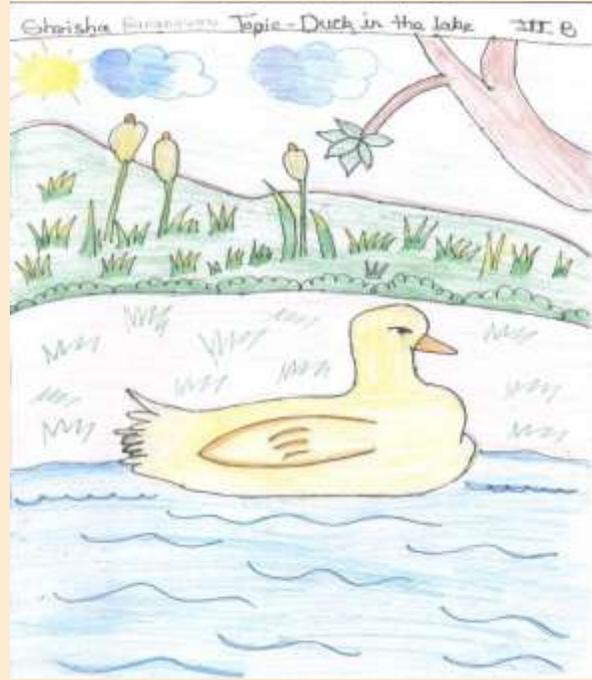
Simran Maku (II D)



Sinora Agrawal (III A)



Gandhan Kondaskar (III B)



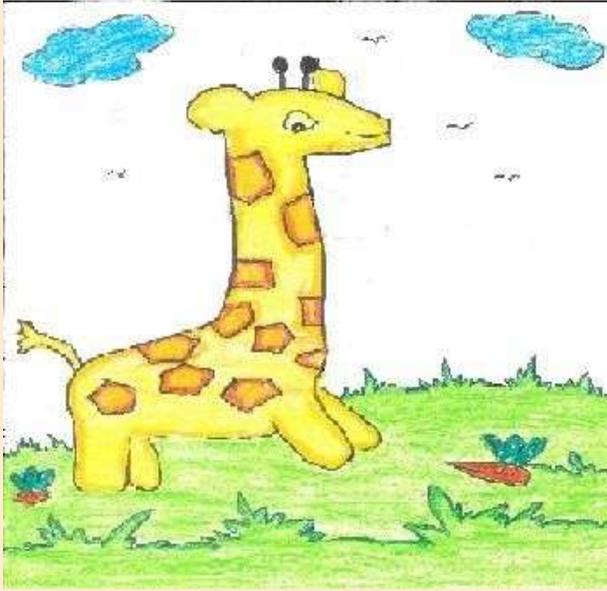
Shrisha Rananaware (III B)



Niruti Jayawant (III B)



Siddhi Narke (III B)



Sachi Kasture (III C)



Tejasi (III C)



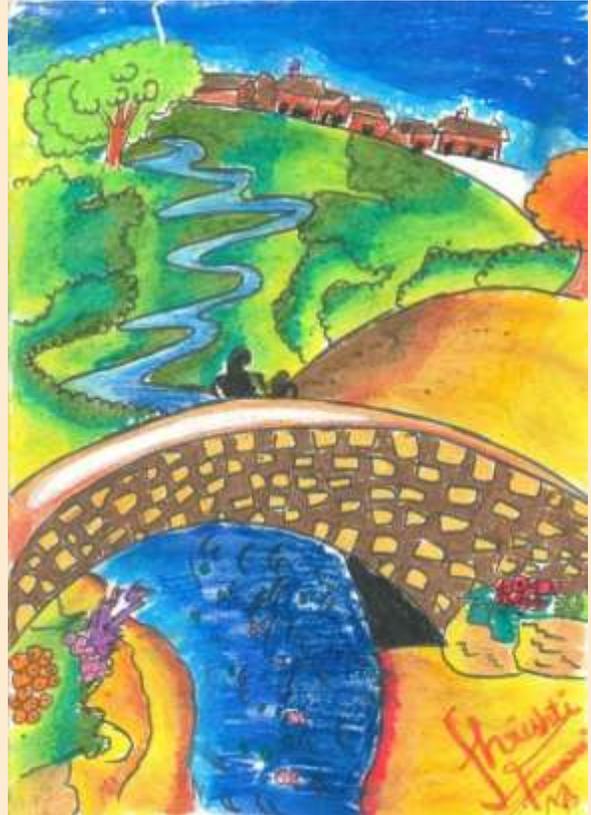
Avaneesh Patil (IV D)



Ruju Marathe (V A)



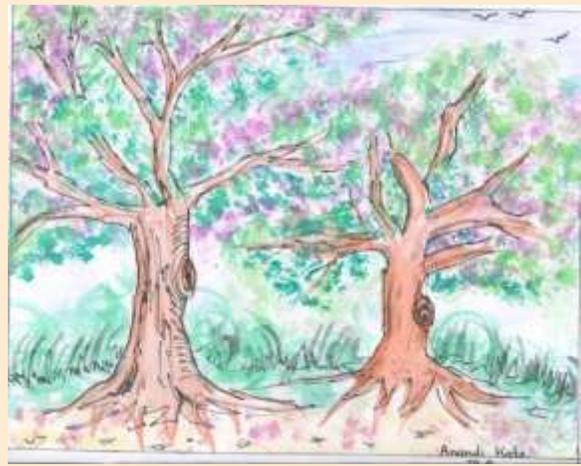
Ishan Deshpande (V A)



Srishti Tiwari (V A)



Shubham Angne (V A)



Anandi Kate (VI A)



Arnav Ansh (VI A)



Harshal Mujumale (VI A)



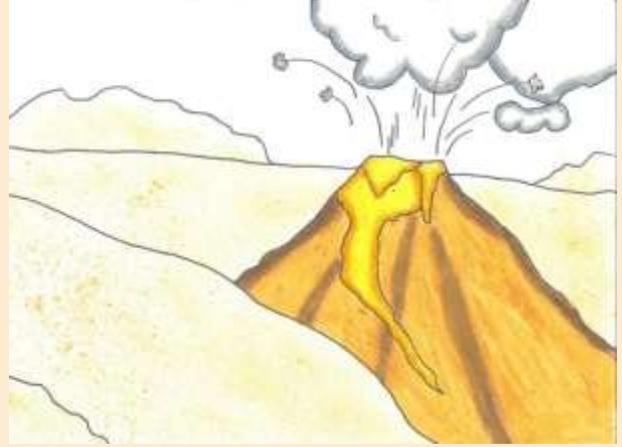
Nisha Uke (VI A)



Vihang Gade (VI A)



Aishwarya Warokar (VII C)



Abhishek Pote (VIII A)



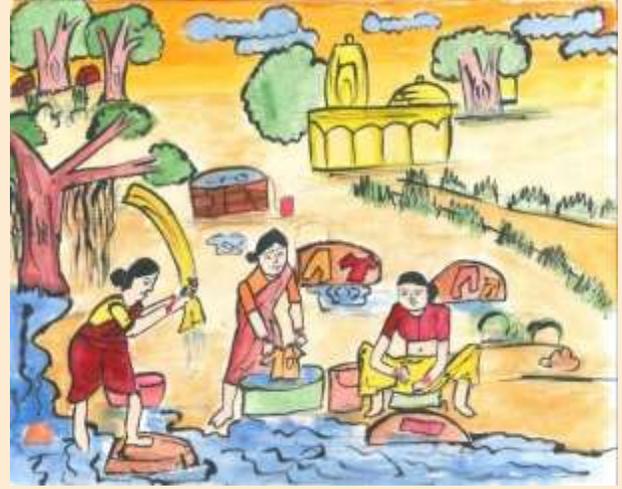
Priyanshu Vernekar (VII C)



Khushi Shinde (VIII B)



Sakshi Dafal (VIII B)



Gunjan Kale (VIII B)



Mansi Telkar (VIII B)



Snehal Kane (VIII B)

ACKNOWLEDGEMENT

“Great things are done by a series of small things brought together”

– Vincent Van Gogh

No creation in this world is a solo effort. Everyone involved in the making of this newsletter has played an important role.

I would like to thank all the team members of the E-newsletter committee, Mrs. Anjali Joshi, Mrs. Carol Sanfrancis and Mrs. Pratibha Wadekar from English Department and Mr. Mahesh Mane and Mrs. Varsha Deshmukh from Marathi and Hindi Department, who have contributed extensively to bring this newsletter to completion. The computer department members also deserve a special mention. I am grateful to our techno- savvy team members Mrs. Sampada Lonkar, Mrs. Nirmala Sundaram, Mrs. Shrungali Gupte, and Mrs. Namrata Bajaj. Mr. Dilip Pawar of the Art and Craft department has played an important role in guiding Manasi Telkar and Charul Hastak to end up with such beautiful cover pages.

All this would not have been possible without the relentless support of our Principal. Her insights have been extremely valuable and have immensely helped in shaping the E-newsletter, ‘**Sparkle**’.

Priya Mishra



CHARUL. HASTAK
(8-B)