

International Yoga Day Celebration and Daily Morning Session

The sports department had organized a 15-day Yoga program for all the students and parents of Pawar Public school, NandedCity, Pune. Early morning sessions conducted by two different sports teachers for two different levels of age groups were held before the Yoga Day and continued even after the Yoga Day. Sports Department also organized an online Yoga quiz to find out the theoretical knowledge that children have about various yoga asana and aspects of Yoga. E-certificates were given to all those who attended the Yoga quiz.

On 21st June 2021, International Yoga Day was celebrated more than 1,800 parents, students and grandparents joined for the online session from the safety of their homes. Link of the live session was shared on YouTube PPS NC channel.

Yoga expert Ms. Mrunal Kshirsagar along with the sports department teachers actively took part in the project.

International Yoga Day Celebration



