

Yoga Time

Do each pose 3 times for 30 secs



**Dhanurasana–
The Bow Pose**



**Adho mukha svanasana
The Dog Pose**



**Vrikshasana –
The Tree Pose**



**Utkatasana –
The Chair Pose**

Solve these Riddles

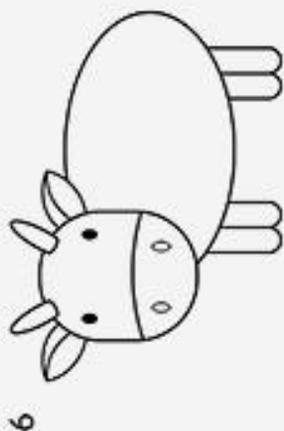
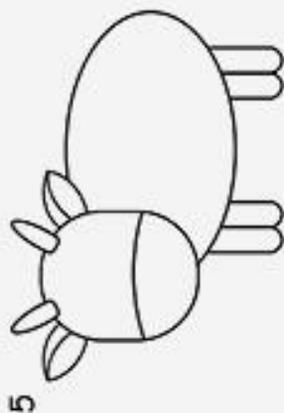
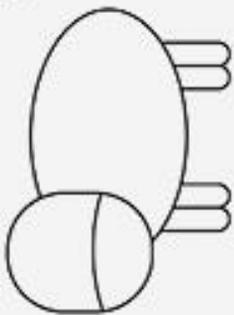
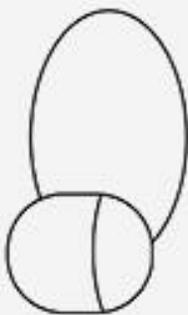
1	Guided, I am scraping along, leaving behind my snow white dust against that which I am scraping, for when I am scraping, I must. What am i?
2	There is a clerk at the butcher shop, he is five feet ten inches tall, and he wears size 13 sneakers. What does he weigh?
3	I have an eye but cannot see. I'm faster than any man alive and have no limbs. What am I?
4	I can be dropped from the tallest of buildings and survive, but drop me from the smallest ship and I won't. What am I?
5	What has black spots and a white face, is fat not thin, and helps you to win, but tumbles all over the place?
6	He has one and a person has two, a citizen has three and a human being has four, a personality has five and an inhabitant of earth has six. What am I?
7	I am seen in the water and in the sky. I am in the rainbow and a jay's feather. What am I?
8	What word of five letters has only one left when two letters are removed?
9	What type of dress can never be worn?
10	I can be as thin as a picture frame but my insides have many things you can see.
11	What's that 7 letter word with thousands of letters in it?
12	What fiveletter word, no matter how you pronounce it, is always pronounced wrong?
13	What is something you will never see again?
14	What time is spelled the same forwards and backwards?
15	He's small but he can climb a tower.

Answers on Last Page

Summer Activity Worksheet

Step by Step Drawing

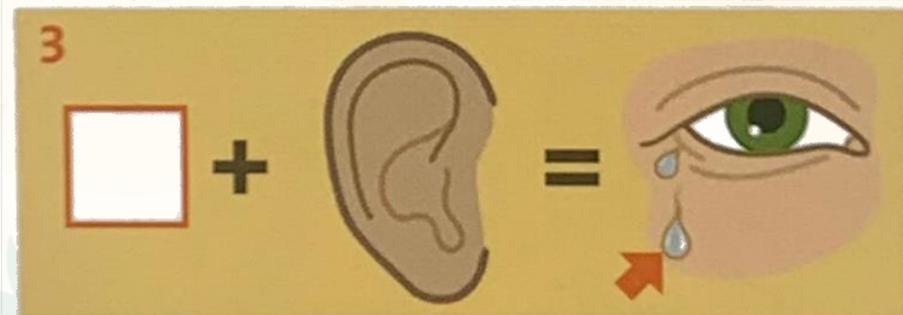
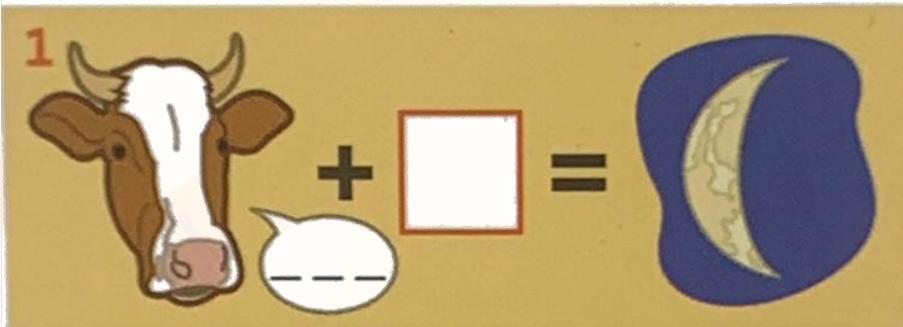
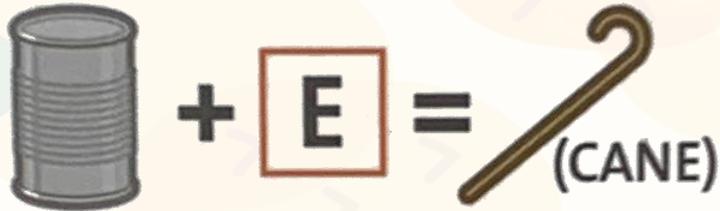
How To Draw A Cow



Letter Math

Add one letter to each item pictured below to make the item on the right.

For example:



Answers on Last Page

Scrambled Body Parts

Read each sentence. Look at the word in capital letters. Unscramble the letters to find the name of a body part that goes in the blank. For example, if you unscramble ONES you get NOSE!

1 My _____ is less than an INCH below my mouth.

2 The baseball player hurt his thigh muscle, so before every game, he had to rub GEL on his _____.

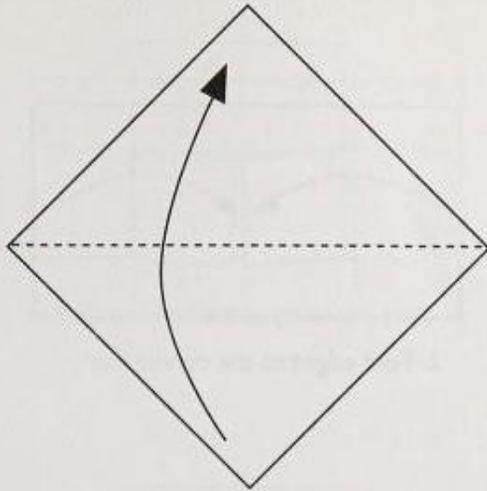
3 Something was stuck in my _____ so I couldn't hear my mom yell, "Where ARE you?"

4 **SmartyPants Stumper:** I learned in science class that my _____ is just BELOW the humerus bone in my arm.

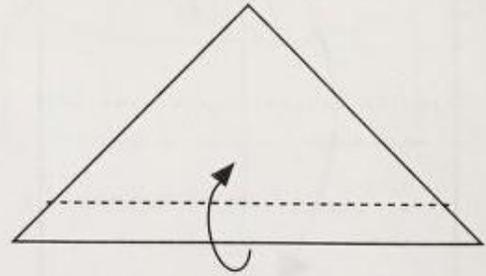
Answers on Last Page

Origami

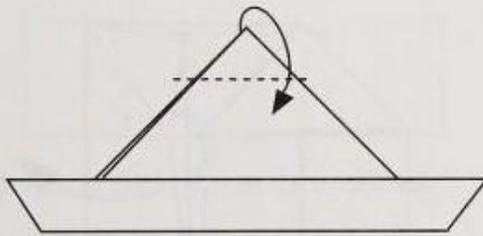
Rabbit



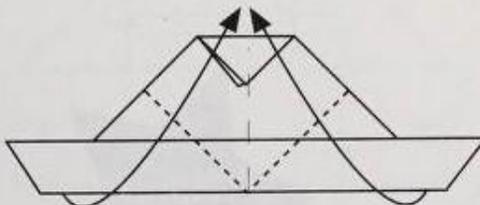
1. First, fold into a triangle.



2. Fold up along the dotted line.



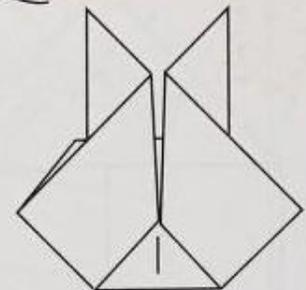
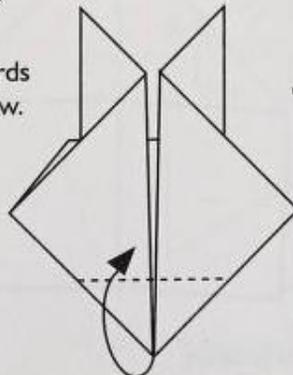
3. Fold the top point down.



4. Fold the outside corners up and towards the middle in the direction of the arrow.

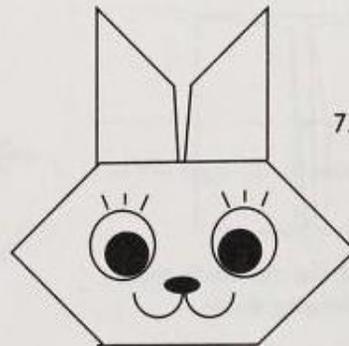


5. Fold the bottom corner up.



Turn over.

6. What it looks like with the corner folded up.



7. Draw a rabbit's face and it's done!

Quiz Time

1. When you mix red and blue paint together, what colour does it make?
2. What happens on 25 December each year?
3. What sport takes place in a Velodrome?
4. What is the tallest mountain in the world?
5. In the movie Finding Nemo, what is the name of Nemo's father?
6. The Eiffel Tower is in which country?
7. What is a herbivore?
8. How many years in a decade?
9. Bees create what sweet substance?
10. Name a bird that cannot fly.
11. Is the sun a planet or a star?
12. Name the vowels.
13. What is the 9th letter of the alphabet?
14. What is a black mamba?
15. What rhymes with sneeze?
16. How many players on a basketball team?
17. A tomato is a fruit. True/False
18. What is a baby horse called?
19. What 3 sports are involved in a Triathlon?
20. Name the 4 months that only have 30 days.

Answers on Last Page

Summer Activity Worksheet

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Movie Review

Movie Name: _____

Your Movie Rating



Terrible



Bad



OK



Really
Good



Fantastic

Draw a character from the Movie



Riddles Answer

1. chalk
2. meat
3. hurricane
4. piece of paper
5. dice
6. syllables
7. blue
8. stone
9. address
10. television
11. mailbox
12. wrong
13. yesterday
14. noon
15. ant

Scrambled Body

Parts

CHIN

LEG

EAR

ELBOW (the humerus is the long bone in the upper part of your arm)

Letter Math

Moo + n = Moon

B + Lock = Block

T + Ear = Tear

C + Hair = Chair

Quiz Answers

1. Purple
2. Christmas
3. Cycling
4. Mt Everest
5. Marlin
6. France
7. An animal that eats only plants & grass
8. 10 years
9. Honey
10. Emu, Penguin etc
11. Star
12. A E I O U
13. I
14. Snake
15. Breeze, Freeze etc
16. 5
17. True
18. Foal
19. Cycling, Running, Swimming
20. April, June, September, November